TABLET DEDICATED AT WINOOSKI BRIDGE

Vermont Society, Sons of American Revolution, tisement with the "twigs of the wilder- conclusion that the greatest of the group not attach importance enough to the Mark Site of Block House-Long Parade Followed by Patriotic Addresses.

had thrown back the folds of bunting our beautiful valley. Again, Mr. Presi- nty miles. After travelling four days which covered the tablet and the boulder dent, we thank you." on which it is placed, a cheer went up, the camera men gut in their work and the crowd moved off to the green a few rods H. Crockett, a former Coichester boy. away, where the addresses were to be delivered. Present at the unveiling were the designer of the tablet. Hugh McLelfan of New York city, and the granddaughter of General ira Allen, Mrs. Sarah

The unveiling revealed a bronze tablet on a boulder, the whole being upheld by a the following inserbition:

NEAR THIS SITE IN 1773

THE FIRST SETTLERS TRA ALLEN AND HIS UNCLE-RE-MEMBER BAKER HEWED TIMBERS BLOCK HOUSE CALLED

FORT PREDERICK PROTECTION FROM INDIANS AND YORKERS. 'T HAD 22 PORT HOLES AND IN

WERE HELD THE MEETINGS OF THE PROPRIETORS OF BURLINGTON

TRA ALLEN BRING CLERK. LATER THIS HOUSE STOOD A FEW ing a RODS NORTHEAST OF HERE here, w WAS HELD THE

NOVEMBER, 1783. THE SCHOONER "LIBERTY."

ERECTED BY THE SONS OF THE AMERICAN REVOLU-

Grandy, 1st regiment, Vermont Na- form the kind of service required of Fort blockhouse was erected across the river alry band; 2nd squadron U. S. cavalry, Hose company. No. It engine and chemieal wagen. Lafavette Hoge company, No. Camp, degree team, Modern Woodmen of America: Garde St. Laurent; St. Peter's society: St. Leon's society; Allen Court, Catholic der of Posisters. St. Jean Baptiste; Verdi club, Rope club; Mohawk club;

and the designers. The "block house" float was a reproduction of, bury Eugene Richard, cabinet men, maker, had a display of cabinets and fountain, to Leclair, to Spring, to Main, to Canal, to the park where it disbanded. The local police did not take part in the parade as they, with about six other spefor the parade. EXERCISES IN THE PARK.

with an invocation by the Rev. J. E. historic spots throughout the State. and spoke of the significance of that

au, first a lectman, who spoke as fol-

olchester, I accept this marker, and

The exercises attending the dedication ern regions as the building of Fort surveyed the town of Mansfield, in later The exercises attending the dedication of a tablet at the north end of the Winos- ski bridge made Thursday a red letter flay in the history of our State and that the location of that fort should be marking the dedication of that fort should be marking the location of that fort should be marking the dedication of that fort should be marking the location of the loca sounding territory. The tablet, erected ed. so that the stranger passing our by the Vermont Society of the Sons of gates may stop and scan this object Baker and one man descended the river, the American Revolution to mark the site lesson in our early history. To those of the old Wincoski block house, was cele-brated by the ceremony of unveiling, by a reminder of the sacrifices, sufferings one of the longest parades which any and dangers that attended the daily life Vermont town has had the initiative to of the brave men and noble women who get up, and by impressive literary exer- blazed a way through the wilderness and he pursue his explorations of the wilderplanted this settlement on the banks of the unveiling took place about two the Winoski. We are all proud that before he was aware of the fact, and the o'clock with B-year-old Earbara Pease these two men, Ira Allen and Remember party decided to make the best of their as the central figure. After Miss Pease Baker, sought for and found a home in way to Pittsford, a distance of about sev-

> After the acceptance of the marker ame the historical address by Walter

MR. CROCKETT'S ADDRESS.

of the Vermont Society, Sons of the Amer ican Revolution, to celebrate an event not directly connected with the War for Independence, but rather an act of resistance to the tyranny of royal government cubical coment base. On the tablet is in one of the provinces, which tended to the American colonies were soon to re-

famous leaders came into this portion of in the southwestern part of the New BETWEEN JUNE 6, 1774, AND MAY 1, which furnished such a large proportion New York surveying party WITH A LARGE GARDEN AND IN IT found it necessary, having purchased constructed of hewed timber. The same trance, below the portice of the State FIRST SESSION OF COUNTY COURT. Hamp-hire titles, to return the following to Colchester by the Onion River com- as Chittenden, the two men who contribu-BELOW THE FALLS ALLEN BUILT to protect their property from the aggres- man and Zimri Allen and Remember ment of the State of Vermont. stons of New York claimants.

tional guard, H. L. Brigham, R. E. Dummer, at the southern extremity of from and below the Chitterden farm. Thomas, E. J. Reeves, C. H. Mower, the State, built to guard against the sav-A. F. McGreavy, Fred Labounty, Jo-seph Sheppard and A. G. Best: Camp Barnard girls, mounted: 2nd U. S. cay-warriors from Canada, for a new era had

Mr. Crockett reviewed the first land controversy that was waged between the men of the New Hampshire Grants, and tured by he British in 1777. The only were felled and fashioned into the timbers speculators, and then took up the early Onondaga club; automobiles with ladies history of the town of Colchester

THE TOWN OF COLCHESTER. of the D. A. R. and W. R. C.; village and town officials and invited guesta The town of Colchester was granted and carriages with delegation of L'A. June 7,1763, to Edward Burling and 65 othind carriages with delegation of L/A. On the same day were granted by and most of the former settlers returned we erect a marker here? The floats were a credit to the parade Burlington, Essex, Williston, Jericho, Bolminiature ton. Huntington, Duxbury and Water- that Ira Allen built the upper dam, two conquest of the wilderness; because they the original and was left in the park at Winooski valley through the gap in the gristmill "where the cotton factory now won from the forest from royal or colonial" he finish of the march. Among others Green Mountains, Richmond at that time stands"; it o forges with a furnace, from aggression; because the men who built having floats in the parade were M. Eris. being included in Williston, Jericho and ore being brought "from the Spear place" this fort were also builders of a State We sette, the Peter Sheeran company. Uni- Huntington On the following day sev- and the opposite side of the lake and har need to be reminded of the descrate na. four makes ten?" versity of Vermont, Perfection Overs eral other towns in this vicinity were from mill from and forge hammers were ture of the conflict waged by the foundcalter company, Mohawk club, W. G. chartered. It was not uncommon at made for the works across the lake. A ers of the little mountain republic of Ver-Tieynolds company, Shanley's pharmacy, that time for groups of individuals of ferry was run across the mill pond to a mont; of the tremendous olds against that Oteyholds company, Spaces a pharmacy, Companies to engage an experienced man point of rocks obove the dam, and a flat which they contended, of their courage, of Nickel theatre and White Bargain store, to purchasing them, and to secure some below the falls, near the site of the rati- sourcefulness, of the splendid and endur-Among those worthy of special mention influential person to go to Portsmouth road bridge. In five or six years after ing victory which they won against nu-tish town council had erected public Among those worthy of special mention and secure the grant of a town or a group from order. In five or six years after ing victory which and secure the grant of a town or a group from Allen's return this place was an impurerous and powerful entmies. as a wigwam in the cedars with Indians of towns. Some of the same names are lying about. They also had a little boy found in the charter of reveral of the horseback dressed and made up towns granted on this seventh of June. coring company had a little girl in the tees, except a few of Governor Wentnter of a circle made of bags of Pills. Worth's favorites, attached to most of his bury flour, entitled the "Flower of the charters, were, apparently, New York

Maughters enjoying the music of the lat- turns of 1772, Ira Allen, being then 22 garden were planted by her. It was said which these heroes founded will endure how, I have had the first swim." he said strainer; cook one minute and season Allen street across Main to Mallett's sired to explore the northwestern portion Diay avenue, to Spring, to Main, to La- of the Ne Hampshire Grants. Taking ter of Gen. Roger Encs, a well known ofwith him his cousin Remember Baker. then 35 years old, and five men, 'he party Bennington to Skenesborough, now Whitelais, were busy keeping the streets clear hall, went from there by hoat to the mouth of Onion or Winooski river, as-According to Ira Allen's narrative, here The exercises on the green were open- they found two men and a boat containing provisions. One of the men told Allen Goodrich. F. S. Pease, president of the and Baker that they were members of a Vermont Society of the Sons of the surveying party from New York, under Revolution, made a brief presentation Captain Stephens, who had with him five boolety had a fund for erecting markers men and three guns, in addition to the the historic spots throughout the State

and stationed a sentinel.

not concern the Indians, who might hunt American Union of States. and fish wherever they pleased". There- Mr. Crockett then sketched the life and New York men prisoners. Upon promis- continued: ing not to return to this region the prisonattentions.

FIRST ASCENT OF MANSFIELD. After the New York surveyers had departed. Baker and Allen ascended the river, probably as far as Waterbury, and over the mountain range, and fording

brooks and rivers, with no food but one dinner. In addition to three patridges. they reached Pittsford, almost overcome with hunger and weakness. Allen re-We are met to-day under the auspices bread, then with pudding, and later with lates that they were fed with a crust of n place of mutton, and turnips. man ate a double share and soon fell asleep, and he was rolled over and over and carried about for an hour before he could be awakened.

the form of government against which at Colchester at the lower falls of the Onion river, two stories in height, with 32 portholes in the upper story, and well In the autumn of 1772 two men who were Baker's family lived a year before a log lon contributed more to founding and present to be numbered among Vermont's nest house was built for them in the vicinity serving the Green Mountain common. His day was according to the stand. what we now call the Wincoski river val- of the fort, which was called Fort Fredwhat we now call the Wincoski river valley on an exploring expedition. These
men were Ira Allen and Remember Baker. They had found a temporary home
of the fort, which was called Fort Fredwealth than did his elder brother, and it
list time that some official recognition
string was accepted on behalf of the
Vermont society by the Hon. Robert
Roberts in an extremely graceful and Point David Rend, writing for Hemen-way's Gazetteer many years ago, says this fort was located on the north bank STATUTES OF ALLEN AND CHITTEN-In the southwestern part of this fort was located on the north lampshire Grants, and had come from of the river, close to the riverside, on the that region in northwestern Connecticut bighest ground, from six to eight rods it would be fitting if the State of Verboth in quantity and quality, of the east of the present falls bridge. The mont, or some of her generous sons and car's population of Vermont. Find- greater part of the ground on which it daughters, would contribute sufficient here, which they drove away, they and wash a away". The blockhouse was er side of the terrace at the main enland in this vicinity from holders of New Year, 1773, a road was cut from Castleton empitol, of statues of its Allen and Thomspring and erect a blockhouse, in order pany, which consisted of Ethan, Ira He- ted more than any others to the establish-Baker.

BLOCKHOUSE MOST NORTHERLY fort, where Baker's House was erected, the exclusive glory of these great men. In 1774 a clearing was made around the do not meet here to take to themselves ed there with their families in 1774. There

Barnard girls, mounted: 2nd U. S. cav- warriors from Canada, for a new era had became necessary to abandon these set- perpetuate the memory of brave deeds. At the dedication expension of the perpetuate the memory of brave deeds. alry band; 2nd squadron U. S. cavalry, ish assumed control of the Deminion in Usements in 1776. It is related that Thom- and brave men. Believing that it the dedication exercises a chorus in the per- of over 60 volces sang America and The The chief purpose of building this as Chittenden, his wife and ten children formance of these duties we promote a Star Spangled Banner. This chorus was First regiment, V. N. G.; Fifth United 160. The chief purpose of bunding this blockhouse was to protect the holders of went on f ot to Castleton. Their from love of knowledge and intensify the pat- arranged by the must- committee for land titles granted by Gov. Benning ware was sunk in the duck pend and riotism of our people, we invite the co-Wentworth of New Hampshire from the their provisions and a few belongings operation of Vermonters everywhere, and t, apparatus. Boxer Engine company of aggressions of those who held titles in the Were carried on the backs of two horses. urge all those eligible to membership to It is to be hoped that Mrs. Chittenden and affiliatet themselves with us and assist the younger children had an occasional us in our patriotic work. family that remained at Jericho was cap- ed since the goodly trees along this river right and the other side always wrong. certain New York officials and land person remaining in Colchester during of Fort Frederick. Long ago that block-

> to Colchester, and many new settlers portant business community, then, as now,

Allen erected a house, which stood, as Mr. Rend said, "about three rods east that her garden "was a paradise of fruits and flowers." Mrs. Allen was the daughficer of the Revolutionary period. The first county court held within the present limits of Chittenden county was convened at Ira Allen's house, Colchester and Addison being half shires of Addison county, which then extended from the northern limits of Rutland county to the Canadian border. Ira Allen was secretary of the early proprietors of Colchester, and ers, reared among such scenes, loved their

FOUNDERS OF THE TOWN.

Before closing a word should be said concerning the founders of the town. Col-Allen and Baker was armed with one chester may well be proud that two of gun, a case of pistols and a cutlass. They the most eminent of the fathers of Ver-The tablet was accepted on behalf of the town of Colchester by Arthur Manthe town of Colchester by Arthur Manthe town of Colchester by Arthur Manthe surveying party, having were the pioneer settlers of this town. No
the surveying party, having were the pioneer settlers of this town. No
the surveying party, having were the pioneer settlers of this town. No
the surveying party, having were the pioneer settlers of this town. No having were the pioneer settlers of this town. No founders. It is not easy, perhaps it is not wise, to attempt a comparison of that boats were seen approaching the camp, extraordinary group of men, which esin their name I thank you, and through containing six white men and three Inthe Sons of the American Revolu- dians, armed. The white men landed, Uneducated and uncultured as the world It is fitting that an event so im- and the Indians were about to follow when senerally estimate education and culture. stant in the settlement of these north- a member of Allen and Baker's party, they left a record of courage, of persist- munity and went on to tell of the type of to Juliyan.

who could speak the Indian language, ence, of sagacity of statesmanship, not fortified settlement common in the early informed the savages that "this was a surpassed and hardly equalled in any of times of his own State of Kentucky. land dispute between white men, and did the thirteen colonies that formed the

After a somewhat careful study of the ers were released without trial or chas- history of this State, I have reached the ing to the chance that the Indians would ness," sometimes used on New York of- of great men who were in the forefront of ficials who were too persistent in their affairs in this carly period, the man who more than any other made possible the crection and establishment of the com- revolution and of the one great revolumonwealth of Vermont and its admission to the Union as the eldest daughter of the original thirteen States, was Ira George Washington. He went on to tell without the genius, the tact, the diplomacy, the resourcefulness of this remarkable man, it is at least a matter of grave doubt whether there would have existed,

> It is one of the pathetic facts of history hat this man, detained for several years id cemetery in Philadelphia.

of Burlington, once a part of the farm Spangled Banner." Early in the spring of 1773 Allen and is to be found in Statuary Hall at Wash, half of that society to the Vermont e make more odious, at least in the region Baker returned and erected a blockhouse ington and on the portion of the Vermont sety. Capitol at Montpeller. Important and As this flar was unfuried and waved Cooking and Serving, Conducted stocked with arms and aminunition. Here ment of these services to say that Ira Al-

stood" says Mr. Read. "Is now slid off money to provide for the erection on eith-The Sons of the American Revolution

OUTPOST.

This blockhouse, erected in Colchester below the fails, and one was made at an exclusive order, priding fiself upon from all directions, at all hours of the Polls early in the year 1773, was the most Mallett's bay. When the first settlers an aristocratic lineage. Its members morning and at the time of the parade northerly o thest in that part of the New came here they found a Frenchman nam-trace their descent, with few exceptions, the streets were throughd. The display The parade was a memorable display of patriotism by the citizens of windowski and Colchester. There were will retired at that time, with the exception and Colchester. There were will retired at that time, with the exception and control of the citizens of many floats and automobiles carrying the of that pertion along the mountain ing is known as to when he came or fought the battles of America during the prices, the ladies of the Women's Reis now Windown and Bennington, Windthat he settled there before the French velns flowed not only the blood of Engwhich that he settled there before the French velns flowed not only the blood of Engwhich tief Corps, Ladies of the D. A. R., town sor and Rutland counties, the eastern abandoned the Champlain valler in 1759 land, but of Ireland, and Scotland, and and village officials, the clergy, memtowns of Grange county, perhaps a solltowns of the faculty of the University
tary clearing in what is now Caledonia chester and Burlington held in Vermont.

Poland, and Ireland, and Scotland, and mont." In this book is the poem. "My
tary clearing in what is now Caledonia chester and Burlington held in Vermont.

Poland, and Ireland, and Holland, and France, and Germany and Holland, and France, and Germany and Alexander County. The first proprietors' meetings of ColFrance, and Germany and Holland, and France.

Poland, and Ireland, and France.

Poland, and Ireland, and France.

Poland, and Ireland, and Irel county, three Connecticut river towns were held at Fort Frederick. In 1775 As sons of the American Revolution we The parade was formed in Essex county, a few preliminary at Joshua Stanton made his home on the in- beast no superiority over the sons and shortly after one o'clock on East Al- tempts at settlement in Addison county, tervale above what was called the nar- daughters of patriots who m other lands en street and Main street. It proden street and street and street and street. It proden street and Main street. It proden street and Main street. It proden street and Main street. It proden street and street and street. It proden stre regiment. Vermont National Guard Cricans. Lamolile and Washington coun- lower valley of the Winoski and on the tage to be prized; that it imposes apon us The parade then started from there about 1:36 o'clock in the following form: 1:36 o'clock in the follo

TASK FOR VERMONT SOCIETY. S. A. R.

Owing to the war with Great Britain it the one dedicated here to-day, in order to

horseback ride on this journey. One Almost a century and a half have pass, ticians believed their side to be always the Revolution was the mysterious hermit, house fell into decay, or its logs were used sid advocated was holy, Mallett, whom Mr. Rend says kept a tay- for some purpose more peaceful than ern for spics and smugglers, acknowledg- forming a refuse against British, or Ining allegiance to no one, and "fearing dian, or Yorker. So far as we know its portholes never were used for purposes In 1783, the war having ended, ira Allen of defense or offense. Why, then, should

made their homes here. Mr. Read says outposts of our pioneer forefathers in the This included the valley of the sawmills one at each end of the dam; a were prepared to defend what they had bottomed schooner was built on the river their tenacity of purpose, of their re-

one of the leading industrial towns of Ver- a tablet of bronze, that the passer by may borhood. Of the proudest there was mont. What the State needs now in or- be reminded of the faith and the courage Sandy, who had been appointed bath suhorseback dressed and made up an Indian besides two of its mem- its More noteworthy still, in several der to make it an important industrial which hewed at the river side the first perintendent. Sandy had two hobbies an indian, besides two of its memof these towns, practically all the grancommonwealth is more men with the viopening in the forest, in a region destined sion and the initiative that Ira Allen pos- to be such an important center of com- to the opening cerement one of the local Before any settlements were made in of Mr. Leclair's store." Mrs. Allen's gar- yet unborn. Let us hope that in all the ing the unfortunate by the bair. "Come Colchester large purchases of land were den extended east from the house to the years of God's great future the message oot o' that! That bath's not opened yet." namely's pharmacy had a display of made here by Ethan, Ira and Heman Al- brook and the apple trees that stood for that this tablet carries may be honored. When on firm footbold the councillor Victor talking machines and his little len, and Remember Baker. . In the au- so many years in the eastern end of this and heeded, for by so doing the State tried to laugh the matter away. "Any-

The next speaker was R. C. Ballard Thruston of Louisville, Ky., president- this morning."-Pail Mall Gazette. general of the National Society of the Sons of the American Revolution.

inspiring character of Vermont scenery as it impressed him riding up here on the to a reporter about an organization. train and viewing the broad horizon to be seen from the roof of his hotel. that he could not wonder that Vermontthe first town records are in his hand- land. Loyalty and patriotism must come naturally to them, he said. He then took up the example set by the two brothers, Ethan and Ira. of unflinching

service, and indomitable spirit. Mr. Thruston said: "We are here to dedcate a marker of an old block house. Do you know what a block house was? He explained the construction of the old block house, how it was roughly built of hewn logs and was usually about 16 by 2 feet in size, how its second story extended out over the first story so that if Indians attempted to set fire to it they could be warded off by the men being directly over her kidneys, but after she took the sectheir heads. He said that the block house was the arsenal and the fort of the com-

The speaker told of the courage shown in those old days by the women as well as the men, and told one story of Fort upon the Indians departed, leaving the achievements of Baker and Allen, and Bryant how 16 women risked their lives by going into the very ambush of the In dians to get water for the besieged, trusttomahawking of a few women to expose their whereabouts by breaking out upon the water carriers.

Mr. Thruston spoke stirringly of the tionary hero whose identity with his na-Allen. It is not too much to say that of the character of Washington and of the revolution. He characterized the revolution as not so much a struggle between England and the colonies as a at least for any considerable period, any war fought against the despotism of monarchs.

KENTUCKY TO VERMONT.

Europe by litigation over a cargo of In closing his address Mr. Thruston arms purchased for Vermont, should have related the historical evolution of the ost his fortune this land holdings at one American emblem out of the British flag ime being, it is said, 300,000 acres, valued into the flag we know. He told finally at one million dollars), and have been how after the admission of Kentucky and compelled to seek refuge outside the State Vermont, at the suggestion of a Verhis genius had made possible, in order menter in the national Legislature, two escape a debtor's prison, and further stars and two stripes were added to the that no man to-day can find his last rest. Original 13 in recognition of these States. ing place, which is supposed to be in some. That made a flag with 15 stars and 15 istrines and for 22 years, or until 1818, that The memory of Ethan Allen has been remained the flag of this nation. Furhonored repeatedly by the State and the thermore it was that flag flying over Nation. Over his grave in Green Mount Fort McHenry while it was under bomemetery at Burlington rises an imposing bardment that Francis Scott Key wrote haft, surmounted by a statue. North the great national song of "The Star wined by the hero of Thonderoga, a noble that flag made for the Society of the tone tower in a public bark, perpetuates Sons of the Revolution of Kentucky wa he name of Ethan Allen. His statute then presented by Mr. Thruston on b

varied as were the services of Ethan Al- over the heads of the audience, the hand mean playing "The Star Spangled Ban ner," the words of which were taken up ay a chorus of singers massed at one

appropriate speech. SHERMAN'S BAND RETURNS TO

WINDOSKI The day's program was concluded last evening with a band concert by Sher man's band in front of the Winooski Mashed Potato This hand was organized in Winooski in 1870 and of the original memers of the band there is left only George D. Sherman, who was the organizer. The next oldest member in the band is F.

Edward Aliard, who joined the band in

1872, 41 years ago. In 1878 the band then

noved to Burlington. GALA DAY FOR WINOOSKI.

Winseski has not been visited by as

At the library was displayed in the violew early Vermont books among which were "Posts and Postry of Verpublished in 1818. This poem recounts n is stanzas the valor and glory of the of the town clerk's office was displayed many plump sardines as you have eggs set for ourselves the task of creeting his-toric markers in many places, similar to that of J L fee in which showed a dis-Jra Allen' grand list with \$1,168,00. Anplay of o'd revolvers, guns, subres,

At the dedication exercises a chorus with French dressing

Adlai Stevenson once said party poli-Whatever the other side advocated, it was horrible and infernal; whatever their own

that you might arrive at the right thing by more ways than one; and thus the partisan was like the urchin whose teach-

Willie, what does six plus four make?" "Eleven."

"No. Try agota"

Thirteen.

No, no, no. You're guesing. Hut why

THE FIRST DIP.

swimming baths, and they were opened Here beside this busy highway, we raise by one of the leading men of the neighdog breeding and swimining. Just prior merce, of industry and education in our councillors slipped and fell into the sixcommonwealth. It will tell its story, not foot end of the bath. "Come oot o' that!" only to this generation, but to generations roared Sandy, leaning over and catch- two level tablespoons of flour to two a pound of sugar to a pound of pears calmly. "Me and th' dogs had a dip en is poured into a border mold

Rev. Arthur T. Brooks, John D. Rocke-

nelp reminds me of the cook book receipt. ook a recipe. 'poor man's cake.' "Aha" she said, turning it up eagerly.

'Poor man's cake. Take eight eggs.' Then without reading any more she lows:

"And she read-

W. M. Halfacre, Dexter, Mo., bought says. She would cry with pain across nd bottle of Foley Kidney Pills, she was as well and strong as ever." J. W.

COLOR PRINTING!

Is strong, but must be used with care and judgment. Don't use all the colors in the rainbow on one job. Printed matter splashed with bright reds, oranges, blues and greens is sure to be seen, but people of taste feel that there is something wrong about it. The catalogue or circular printed in quiet, harmonious colors does not suffer from its sobriety, but carries with it an impression of reserved dignity, of good taste, character and reliability. This is the kind of Color Printing we can do for you

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BURLINGTON ... VERMON

Coffee

DOMESTIC SCIENCE

by Lillian Mason.

SUNDAY MENU BREAKFAST Fruit

Fish Balls DINNER.

Soup Brown Chicken Fricassee String Beans Summer Squash Beets

Orange Custard. SUPPER OR LUNCH. Sardine Eggs Fancy Crackers Cheese

Frozen Nut Custard. MONDAY MENU.

BREAKFAST.

Rolls Coffee LUNCH.

Welsh Rarebit Toast Cocoa

DINNER Chicken in Rice Border Vegetable or Mock Celery Salad Brown Bread

SARDINE EGGS.

Boil as many eggs as you have persons to serve, for ten minutes, and throw them into cold water: take as

FROZEN NUT CUSTARD.

Prepare a plain, boiled custard, the mixture in the usual way.

one-half cup of butter or pork fat into | D. Whitcher. a frying pan and fry the chicken in it until each piece is well browned. Take up the chicken and pour in the broth. For each cup of broth allow one level rice, one teaspoon sait, four tablespoons tablespoon of flour and cook five minchicken in a deep dish. A bit of bay on the back of the stove until the rice er in which the chicken is cooked will is swollen, then bake in a moderate oven improve the flavor.

In selecting the chicken we will do couldn't you have guessed that six plus well to get enough to have two cups of the meat left over for Monday's dinner "Because it don't make ten," said Wil- The boiling can be done Saturday and "Five and five make ten-I remember as the fricasseeing takes but little time on Sunday this will be preferable.

CHICKEN IN RICE BORDER.

press into a well-buttered border mold and set into the oven for twenty minround plate and fill the center with creamed chicken.

Add one-quarter cup of butter and cream and two hard-boiled eggs, both lemon, if preferred. yolk and white rubbed through a wire 'Deed ye hadna," responded Sandy with salt andpepper. After the chicksprinkle with parsley chopped fine.

> MOCK CELERY SALAD. To secure the nearest approach to

feller's pastor in Tarrytown, was talking colery, when out of season, one may in this connection of the old lady. use fine shredded cabbage for the sub-"They're a great nuisance," said Dr. stance and flavor the dressing with Brooks, with a smile. "And, as for the celery salt. We may also make it as nelp they offer to the poor-well suc' plain or as ornamental as desired. Shred finely and cut into about two "A hod-carrier's wife saw in her cook inch lengths the strings of firm and tender white cabbage. Put into ice water until it becomes fully crisp and

MOCK CELERY SALAD DRESSING.

Heat a coffee cupful of cider vine- feet, irregular painful bladder action, but Foley Kidney Pills for Mrs. Halfacre, gar and put into it a tablespoonful Foley Kidney Pills fixed me up quickly." who was down on her back with kidneys each of sugar and butter, and a half Foley's are the best. J. W. O'Sulliso sore he had to help her move. He teaspoonful each of celery salt, white van pepper and salt. Remove from the fire (Adv.) beater. Let the dressing cool remove immediate result-bringer,

stir into it the dressing. Serve very

FOR LEFT OVER VEGETABLES. If we have several kinds of vegetables left over, and do not care espec tally for imitating the fiber and effect of celery, we may use ordinary kinds of such remnants to good advantage with the dressing given for Mock Ce ery Salad.

TUESDAY MENU-BREAKFAST

Graham Muffins Coffee Rerries and Milk

with Crackers DINNER

Corn Chowder Banana Salad Mayonnaise Dressing Poor Man's Pudding

BERRIES AND MILK. The supply and desire for berries and

milk at this time are the promptings of Brown Bread nature, and we will do well to have large portion of our diet in hot weather consist of bread and milk, or crackers. boiled rice or such types of food, flav ored by as many berries as we can well afford. This is simple, but not easily ob tained with safe milk and good berries at all times. Also we would in all probability find this a safe diet for as many meals as we can readily get or afford during the berry season. The solids would come in the milk, and the bread or other portion, while the acids of the berries will take care of the milk fats or starchy portions of the bread, crackers or other food in the digestion

CORN CHOWDER.

Pare and cut in very thin slices three or four raw potatoes; put them into cold each sardine, a half teaspoonful of until the potatoes are well done; add e town in 1737 which amounted to \$1,101.75 parsley for each sardine, and pepper can of corn, a piece of butter the size and salt to season; pound all togeth- on an egg, and pepper and salt. When put the halves together and serve with water. When the milk boils up over the lettuce or watercress salad, dressed crackers the chowder is done. The chowder should be stirred frequently .- M. S.

MAYONNAISE DRESSING.

made sweeter than for table use. Yolk of one egg, well beaten, one tea-When cold, flavor with one teaspoon spoon dry mustard, half teaspoon salt, of lemon and one of vanilla extract, quarter cup vinegar, one cup salad of To each quart of custard add one cup- Mix in the order given, adding first a ful of finely chopped nuts and freeze little vinegar, and then a little oil, alternately, till the full quantity is used. Have all ingredients very cold, and place the dressings on ice till required. Then Disjoint the chicken and cook in best the white of the egg quite stiff, and water to cover until nearly tender. Put stir it in gently. Serve immediately .- M

POOR MAN'S PUDDING.

Put four level tablespoons well washed sugar and half cup raisins with one quart milk into a pudding pan and let it stand until soft and creamy. Serve with cream.

PRESERVING PEARS

with stems on, or in halves, cored. Make a thin syrup, and boll them tender. If boiled too fast they will break. They should be sufficiently cooked in half an hour. If you wish them nice, let them lie in the syrup in a jar or turcen two Cools one and one-half cups of rice days. Drain the syrup from the pears Coeli one and one-half cups of rice add more sugar, boil 10 minutes, skirr in one quart of slightly salted boiling and put in the pears simmer them till water for twenty minutes, drain and they are transparent, take them out stick a clove in the end of each, and utes longer. Turn out on to a large lay them in a jar when cool; then pour over the warm syrup. For common use they are best done in quarters, boiled tender in a little water; then add half cups of chopped chicken. When heated to the liquor, and simmer them gently through stir in two-thirds cup of half an hour. They may be flavored with

THE TOO CALM PUBLIC. Senator LaFollette was talking about

erruption "The public is to blame for this corruption," he said. "The public accepts the corruption in politics and finance toc calmly. The public, in fact, reminds me

"An old lady sat knitting in her arm chair when a young girl burst in on her "'Oh, grandma,' she said. 'Father has

ust fallen off the roof!" "I know, my child, the old lady answered, placidly, I saw him pass the

window."-Washington Star. Don't endure the needless pain and tor ment of rheumatism, aggravated as it it by the hot weather. W. T. Hutchens. Nicholson, Ga., says:-"I suffered the aches and pains of rheumatism, swoller

and beat quickly into it two well- Sametimes a few more lines of space beaten eggs and a cupful of hot milk. in which details of your offer or quest ar, If it curdles beat well with an egg given, will make your classified "ad" an